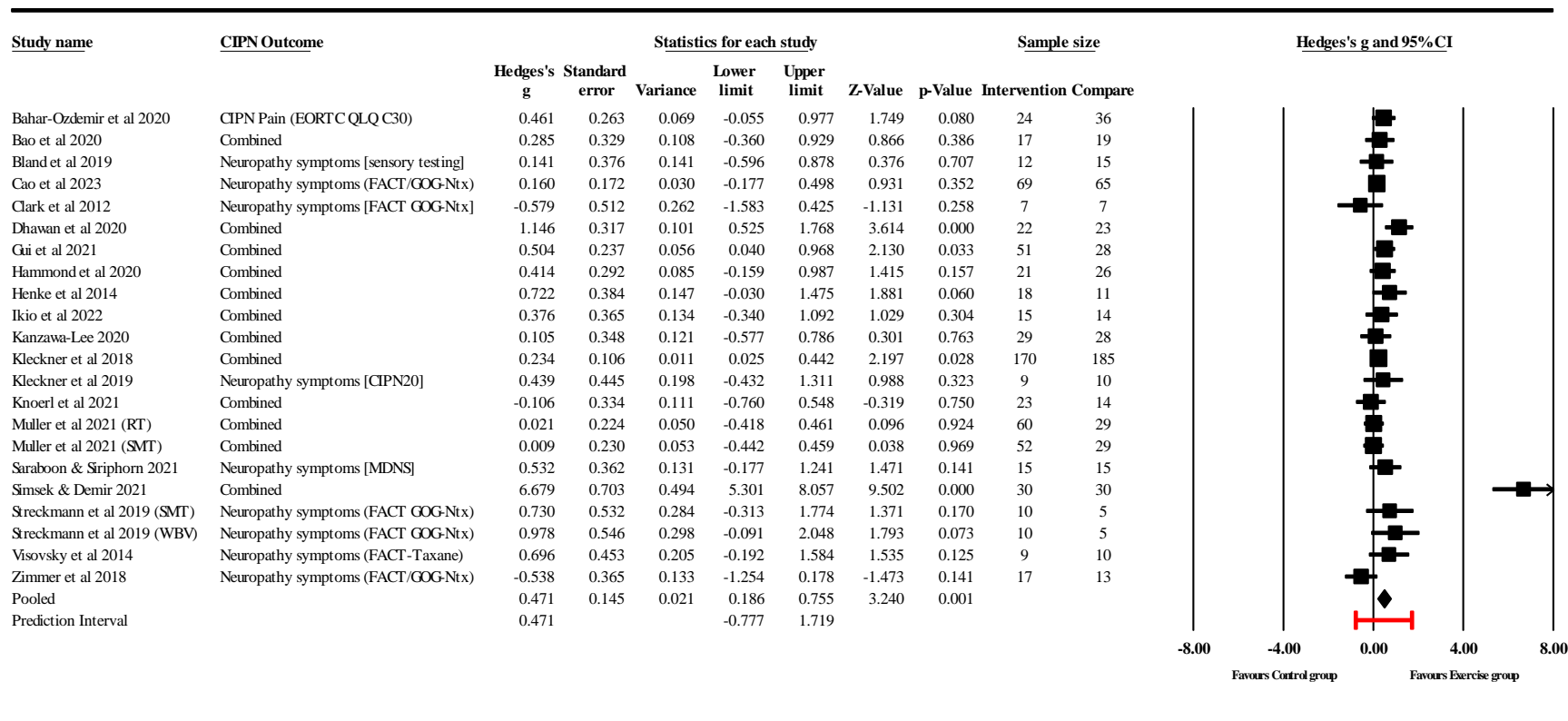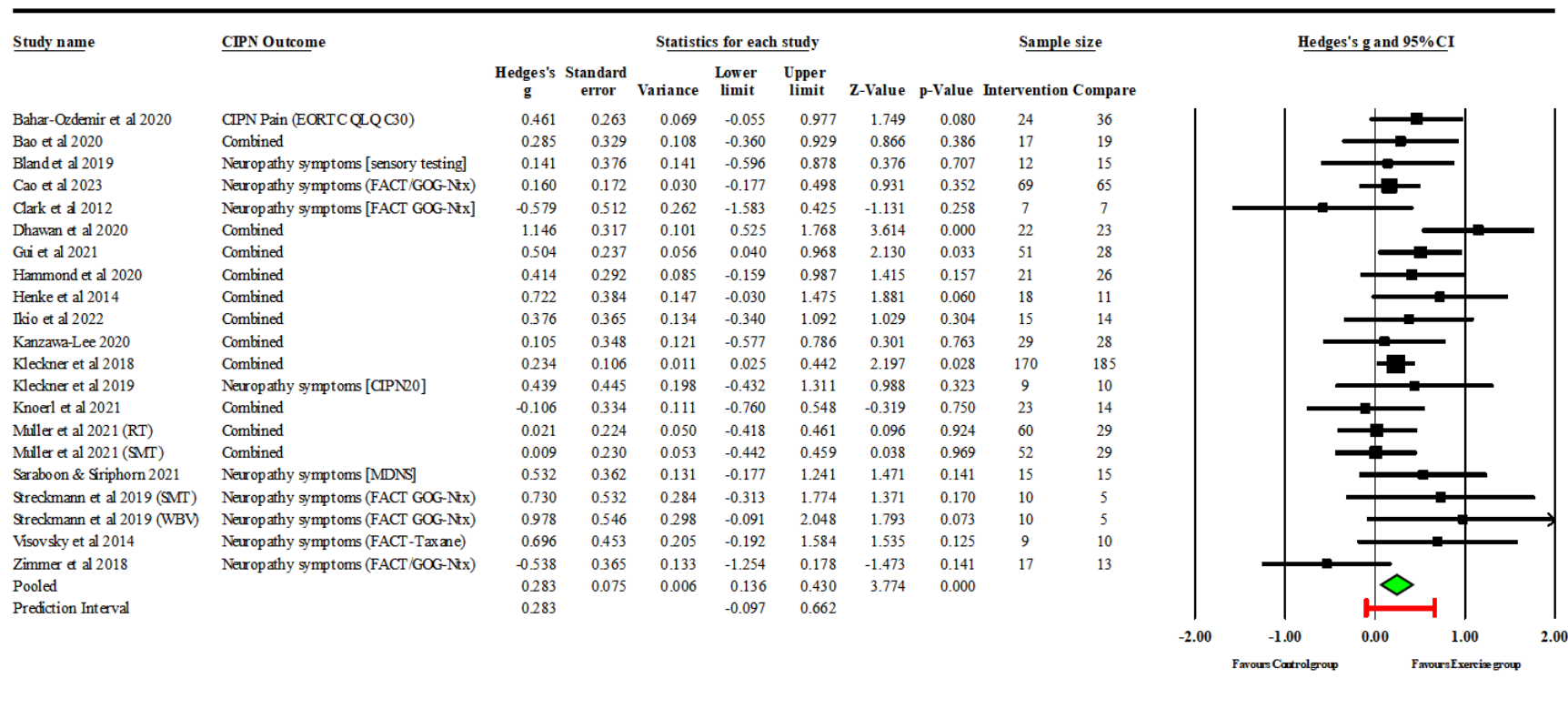**Supplemental Figure 1.** Forest Plot of the Effect of Exercise on CIPN Symptoms Compared

With Comparison Groups

Study name	CIPN Outcome	Statistics for each study							Sample size		Hedges's g and 95% CI
		Hedges's g	Standard error	Variance	Lower limit	Upper limit	Z-Value	p-Value	Intervention	Compare	
Bahar-Ozdemir et al 2020	CIPN Pain (EORTC QLQ C30)	0.461	0.263	0.069	-0.055	0.977	1.749	0.080	24	36	
Bao et al 2020	Combined	0.285	0.329	0.108	-0.360	0.929	0.866	0.386	17	19	
Bland et al 2019	Neuropathy symptoms [sensory testing]	0.141	0.376	0.141	-0.596	0.878	0.376	0.707	12	15	
Cao et al 2023	Neuropathy symptoms (FACT/GOG-Ntx)	0.160	0.172	0.030	-0.177	0.498	0.931	0.352	69	65	
Clark et al 2012	Neuropathy symptoms [FACT GOG-Ntx]	-0.579	0.512	0.262	-1.583	0.425	-1.131	0.258	7	7	
Dhawan et al 2020	Combined	1.146	0.317	0.101	0.525	1.768	3.614	0.000	22	23	
Gui et al 2021	Combined	0.504	0.237	0.056	0.040	0.968	2.130	0.033	51	28	
Hammond et al 2020	Combined	0.414	0.292	0.085	-0.159	0.987	1.415	0.157	21	26	
Henke et al 2014	Combined	0.722	0.384	0.147	-0.030	1.475	1.881	0.060	18	11	
Ikio et al 2022	Combined	0.376	0.365	0.134	-0.340	1.092	1.029	0.304	15	14	
Kanzawa-Lee 2020	Combined	0.105	0.348	0.121	-0.577	0.786	0.301	0.763	29	28	
Kleckner et al 2018	Combined	0.234	0.106	0.011	0.025	0.442	2.197	0.028	170	185	
Kleckner et al 2019	Neuropathy symptoms [CIPN20]	0.439	0.445	0.198	-0.432	1.311	0.988	0.323	9	10	
Knoerl et al 2021	Combined	-0.106	0.334	0.111	-0.760	0.548	-0.319	0.750	23	14	
Muller et al 2021 (RT)	Combined	0.021	0.224	0.050	-0.418	0.461	0.096	0.924	60	29	
Muller et al 2021 (SMT)	Combined	0.009	0.230	0.053	-0.442	0.459	0.038	0.969	52	29	
Saraboon & Siriphorn 2021	Neuropathy symptoms [MDNS]	0.532	0.362	0.131	-0.177	1.241	1.471	0.141	15	15	
Simsek & Demir 2021	Combined	6.679	0.703	0.494	5.301	8.057	9.502	0.000	30	30	
Streckmann et al 2019 (SMT)	Neuropathy symptoms (FACT GOG-Ntx)	0.730	0.532	0.284	-0.313	1.774	1.371	0.170	10	5	
Streckmann et al 2019 (WBV)	Neuropathy symptoms (FACT GOG-Ntx)	0.978	0.546	0.298	-0.091	2.048	1.793	0.073	10	5	
Visovsky et al 2014	Neuropathy symptoms (FACT-Taxane)	0.696	0.453	0.205	-0.192	1.584	1.535	0.125	9	10	
Zimmer et al 2018	Neuropathy symptoms (FACT/GOG-Ntx)	-0.538	0.365	0.133	-1.254	0.178	-1.473	0.141	17	13	
Pooled		0.471	0.145	0.021	0.186	0.755	3.240	0.001			
Prediction Interval		0.471			-0.777	1.719					

-8.00　　-4.00　　0.00　　4.00　　8.00

Favours Control group　　　Favours Exercise group

Note. Random-effect model Q = 109.84, degrees of freedom = 21, p < 0. 001; Hartung-Knapp

adjustment (intercept = 0.47, standard error = 0.24, 95% confidence interval [-0.02,

0.96], t = 2, p = 0.06).

Supplemental Figure 2. Forest Plot of the Effect of Exercise on CIPN Symptoms Compared With Comparison Groups (Sensitivity Analysis)

Study name	CIPN Outcome	Statistics for each study							Sample size		Hedges's g and 95% CI
		Hedges's g	Standard error	Variance	Lower limit	Upper limit	Z-Value	p-Value	Intervention	Compare	
Bahar-Ozdemir et al 2020	CIPN Pain (EORTC QLQ C30)	0.461	0.263	0.069	-0.055	0.977	1.749	0.080	24	36	
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Visovsky et al 2014	Neuropathy symptoms (FACT-Taxane)	0.696	0.453	0.205	-0.192	1.584	1.535	0.125	9	10	
Zimmer et al 2018	Neuropathy symptoms (FACT/GOG-Ntx)	-0.538	0.365	0.133	-1.254	0.178	-1.473	0.141	17	13	
Pooled		0.283	0.075	0.006	0.136	0.430	3.774	0.000			
Prediction Interval		0.283			-0.097	0.662					

Note. Random-effects model Q = 27.13; degrees of freedom = 20; p = 0.13; Hartung-Knapp adjustment (intercept = 0.28, standard error = 0.08, 95% confidence interval [0.12, 0.45], t = 3.63, p = 0.002).

Supplemental Figure 3. Funnel Plot Shows Publication Bias