

## PRODUCT UPDATE

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### PHARMACY CORNER

#### New Treatment Approved for Relapsed Follicular Non-Hodgkin's Lymphoma Refractory to Rituximab



GlaxoSmithKline and Corixa Corporation have announced the U.S. Food and Drug Administration's approval of the Bexxar® (tositumomab and iodine-131 tositumomab) therapeutic regimen. This regimen is complicated and requires physicians to complete a training program before administering the drug. Tositumomab has been approved for patients with CD20-positive follicular non-Hodgkin's lymphoma that has relapsed after chemotherapy and is refractory to rituximab. This regimen has demonstrated durable remissions in some patients with a single, short course of therapy.

The tositumomab regimen involves at least four patient visits. The initial visits include a tositumomab infusion to help distribute the radioactive dose followed by iodine-131 tositumomab as a dosimetric dose. Patients then receive several whole body scans over several days to determine the distribution and decay of the radioactive dose. The fourth patient visit includes the therapeutic dose of iodine-131 tositumomab. By following this regimen, patients are given individualized treatment that is specific to their own patterns of radiation distribution and clearance of the drug and radiation. The tositumomab monoclonal antibody attaches to the CD20 protein on the surface of lymphocytes. This allows the drug to target the malignant cells and deliver the radiation dose directly to the tumor. After treatment, patients need to follow safety precautions to prevent low-level radiation exposure to family members and avoid close contact with others for about one week.

Common adverse effects of this regimen include neutropenia, thrombocytopenia, and/or anemia that could be severe; allergic reactions; and secondary leukemia and myelodysplasia. Less common but severe side effects can include pneumonia, pleural effusions, and dehydration. Additional adverse reactions seen in clinical trials were infusion re-

actions, delayed-onset hypothyroidism, and the development of human anti-mouse antibodies. More information can be found at [www.bexxar.com](http://www.bexxar.com) or by calling 877-4-BEXXAR.

#### New Treatment Prevents Chemotherapy-Related Nausea and Vomiting

Aloxi™ (palonosetron hydrochloride) is a 5-HT<sub>3</sub> receptor antagonist that has strong receptor-binding affinity and a long plasma half-life (approximately 40 hours). Palonosetron is indicated for the prevention of chemotherapy-induced nausea and vomiting. Clinical trials have demonstrated that a single dose of palonosetron can provide up to 120 hours of prevention for nausea and vomiting. Palonosetron is the only single-dose 5-HT<sub>3</sub> receptor antagonist that is indicated for the prevention of delayed nausea and vomiting following moderately emetogenic chemotherapy. The primary side effects of the drug are similar to other 5-HT<sub>3</sub> receptor antagonists and include headache and constipation. The drug should be administered with caution in patients who have or may develop prolongation of cardiac conduction intervals. Helsinn Healthcare SA developed the drug, but it is licensed and will be distributed by MGI Pharma in the United States. Full prescribing information is available at [www.mgipharma.com](http://www.mgipharma.com), or call 800-562-0679 to contact your local MGI representative.



#### Gefitinib Leads New Class of Drugs for Non-Small Cell Lung Cancer

Gefitinib is the first in a new class of drugs for the treatment of advanced non-small cell lung cancer and the only approved treatment for patients who already have received platinum-based and docetaxel chemotherapy. Gefitinib is a monotherapy for patients with locally advanced or metastatic non-small cell lung cancer and is administered as a once-a-day oral tablet. Gefitinib works by inhibiting epidermal growth factor receptors.

The most common adverse effects of gefitinib include diarrhea, dehydration, rash, acne, dry skin, nausea, and vomiting. Uncommon but serious adverse effects include drug

reactions and interstitial lung disease, which can be fatal. Several potential drug interactions are noted, and full drug information should be reviewed before prescribing this drug. For more information, call the AstraZeneca Cancer Support Network at 866-99-AZCSN or visit [www.astrazeneca-us.com](http://www.astrazeneca-us.com).

#### Bevacizumab Receives Fast-Track Status for Use With Colorectal Cancer

Bevacizumab (Avastin™, Genentech Inc., South San Francisco, CA) is an investigational therapeutic antibody that can inhibit tumor angiogenesis. Bevacizumab is designed to block vascular endothelial growth factor (VEGF), thereby decreasing the formation of new blood vessels to support tumor growth and inhibiting maintenance of existing tumor blood vessels.

The U.S. Food and Drug Administration's fast-track program is designed to encourage the development of drugs that are intended to treat life-threatening illnesses that have limited treatment options available. Bevacizumab has been granted fast-track status for the treatment of previously untreated first-line metastatic colorectal cancer.

Bevacizumab currently is being used in several phase II and III studies with many different tumor types. A recently completed phase III study demonstrated that bevacizumab was able to improve survival in patients with metastatic colorectal cancer. For more information, visit [www.gene.com](http://www.gene.com) or [www.clinicaltrials.gov](http://www.clinicaltrials.gov) or call 888-662-6728.

### NEW PRODUCTS

#### New Urine Test Will Aid in Bladder Cancer Screening

NMP22® Bladder Chek™ (Cytogen Corporation, Princeton, NJ) is the first screening test approved for the diagnosis and monitoring of bladder cancer. The test is very simple to use. A patient voids into a plastic cup. The test must be performed within two hours of obtaining the urine sample. Four drops of urine are placed on the test cartridge using a dropper that is included in the kit. The test is read after 30 minutes but no

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later than 50 minutes. The cartridge is divided into a control area and test area. A positive test is indicated by a colored line in both the control and test areas. A negative test is indicated by a line in the control area only.

This test has an overall accuracy of 80% and, when combined with cystoscopy, has an accuracy rate of 94% in detecting bladder cancer. Medicare reimburses for the cost of the test. The retail price for the test kit is \$18–\$20.

The NMP22 Bladder Chek is an in vitro immunoassay. It is a waived test under the Clinical Laboratory Improvement Amendment of 1988. For more information about the specificity and sensitivity of the test, visit [www.cytogen.com/bladderchek.html](http://www.cytogen.com/bladderchek.html) or call 800-833-3533.

### Kit Will Test for *Aspergillus* Infection

*Aspergillus* is an opportunistic fungal infection that can be fatal in immunocompromised patients such as bone marrow transplant recipients or patients with hematologic malignancies. The mortality rate can be as high as 50%–100% in patients with invasive aspergillosis. In the past, diagnosing *aspergillus* was difficult and often required invasive procedures such as biopsies. Bio-Rad's *aspergillus* test is an EBA-2 monoclonal antibody-based microplate assay that uses blood samples. For more information, visit [www.bio-rad.com](http://www.bio-rad.com) or call 510-741-6063.

### Test Helps Detect Risk of Coronary Heart Disease

The PLAC™ test (diaDexius, Inc., South San Francisco, CA) is a new aid in detecting people who are at risk for coronary heart disease. The PLAC test measures lipoprotein-associated phospholipase A2 (Lp-PLA2), which has been found to be a novel risk factor for coronary events. Almost half of the people who have a coronary event do not exhibit traditional risk factors, such as high blood pressure or elevated low-density lipoprotein (LDL) cholesterol. The PLAC test is a new tool that can be used to diagnose people who might be at risk for a heart attack. Used in association with LDL cholesterol

levels, clinical assessment, patient and family history, and lifestyle risk factors, the PLAC test can add to the overall risk profile of patients. A recent study indicated that patients with normal LDL cholesterol levels and elevated PLAC tests are twice as likely to experience a coronary event as patients who have LDL cholesterol and PLAC tests within normal ranges. For more information, visit [www.plactest.com](http://www.plactest.com).

### Jeans Cream Helps Soothe Skin During and After Radiation



Developed by a breast cancer survivor, Jeans Cream is formulated with moisturizers, aloe vera, and other ingredients to help reduce skin irritation caused by radiation therapy. The cream should be used three times per day during and after radiation treatment. Consult with a physician prior to use. The skin area to be irradiated should be kept free of this or any cream or ointment at the time of treatment unless otherwise directed by a physician. Jeans Cream sells for \$45 for six ounces plus \$6.95 postage and handling. Patients who have used Jeans Cream have found that it is soothing and reduces dry, flaking skin. For more information, visit [www.jeanscream.com](http://www.jeanscream.com) or call 800-276-6116.

### New Pain Management Infusion Pumps Are Available



Small, lightweight, and portable infusion pumps now are available from Sorenson Medical. The ambIT PCA (patient-controlled analgesia) and ambIT LPM (local pain management) pumps are easy to use and have microchip technology. Simple and programmable, the pumps can deliver local anesthetic to intraoperative sites or nerve block regions. The ambIT pumps have variable flow rates and infusion durations as well as other features. The pumps are reusable, inexpensive, and comparable to disposable pumps. They also have standard

safety features such as occlusion alarms and protection against wide-open IV flows. For more details, visit [www.sorensonmedical.com](http://www.sorensonmedical.com). Sorenson Medical also offers a 24-hour clinical support number at 877-352-1888 and can assist in reimbursement consulting.

### Reduce Patient Stress With Nature Murals



Environmental Graphics offers nature murals that can help patients relax and distract them during uncomfortable medical procedures. The company offers nine different nature scenes including Lake in the Woods, Morning Forest, and Hawaiian Sunset. The murals can be found at Home Depot, Lowe's Home Improvement Warehouse, and Sherwin Williams stores for about \$115. For a free catalogue, call 888-205-0914, or view the scenes online at [www.environmentalgraphics.com](http://www.environmentalgraphics.com).

### BD Launches a Bar-Code Patient-Identification System for Laboratory Specimens

The BD.id™ Patient Identification System (BD, Franklin Lakes, NJ) enhances patient safety by reducing misidentification of laboratory specimens. The system uses a hand-held computer with a built-in scanner. When obtaining a laboratory specimen from a patient, a healthcare worker scans his or her identification badge and then scans the patient's bar-coded wristband. The hand-held computer retrieves the specimen collection orders stored in the computer and confirms that the specimen container is the correct one for the tests that have been ordered. The computer prints a new bar code label for the container with the date and time encoded. Finally, when returned to its storage cradle, the computer confirms with the laboratory information system that the specimen was collected. For more information about this system, visit [www.bd.com/bdid](http://www.bd.com/bdid) or call 800-595-0257 and select option four. 